



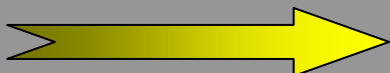
A Successful Season!

As our season comes to a close, I would like to thank all parents, players and fans for a great season! A big thank you to all our volunteers this year including: coaches, trainers, managers, team reps and sweater reps for all their work.

Brian Lewis
Lucan Minor Hockey, President

EXECUTIVE POSITIONS OPEN NEXT YEAR!

A great way to get involved and support
LMH!



For all of the latest information
check out the Lucan Minor
Hockey Website:

<http://lucanminorhockey.net/>

Annual General Meeting

Lucan Minor Hockey's Annual General Meeting will be taking place **Tuesday March 26th at 7:30pm** in the Leprechaun Hall. We look forward to seeing you there!

Please note that voting will occur for all Executive positions for the 2013-14 season.

Please contact any Executive Member for more information if you have an interest in any of the positions.

A special thank you to the following volunteers who are stepping down. LMH appreciates your dedication to our Executive and players!

- Jim Walker (OMHA Rep)
- Lianna Keogh (Treasurer)
- Erin Scott (Lambton Middlesex Rep)
- Jodi Gordon (Fundraising Team)

Don't forget to complete a
COACHING ASSESSMENT!

Your Feedback Really Does
Make a Difference!

Go To:

<http://lucanminorhockey.net>
"Other Information Tab"
"Coaching Forms"

Still To Come this Season!

2013-14 Season Registration

A reminder that registration is now available. This year, you have the option of completing either the paper-based form or our new online registration form!

Paper based-forms and cheques can be:

1. Given to your team rep by March 24th
2. Brought to the AGM on March 26th, or
3. Mailed to LMH at Box 446, Lucan, ON, N0M 2J0. Late fees will be charged for forms received after April 1st.

Concussion Baseline Testing

LMH is pleased to offer Concussion Baseline Testing in the Leprechaun Hall on **May 11th!**

Neuphysio Rehabilitation in partnership with the London law firm, Foster Townsend Graham and Associates, are offering **Head Smart** a free concussion baseline screening to LMH players born in years 1996-2003!

The purpose of baseline testing is to obtain an overview of an athlete's normal physical and cognitive functioning prior to injury. Sport Concussion Assessment Tool 2 (SCAT2) tests balance, coordination and brain function and is a tool that can be utilized in the unfortunate event of a concussion.

Registration will be available on-line through our website in the next few weeks.

Be sure to take advantage of this excellent opportunity!

Parade of Champions

***NEW - ALL** Lucan Minor Hockey Teams will be held on April 13th. More details to follow. Please join us as we celebrate the end of another fantastic year!

Are You Interested in Coaching Next Season?

Coaching applications for Rep teams are being accepted until June 1st. Coaching applications can be found on the website under the "Other Information" "Coaching Forms".

A reminder that many coach and trainer's courses/refreshers courses are offered during late summer in order to be ready for the beginning of hockey season.

Please contact Scott Amos at coaches@lucanminorhockey.net for more information

Fundraising Activities for the 2013-2014 Season

Logan Couture Game – August 2013

This is a great fun family event! Come join LMH this summer and see some of your hockey favourites play right here in Lucan. Please watch the LMH website for more information.

Development Ice

Pre-season ice times divided into age groups are available for a small fee during the month of September 2013. This is a great opportunity for all of the players to get back on their skates before the season begins. Please watch the LMH website for further information.

Picture/Apparel Night - Monday October 28, 2013

Team and individual photos are taken this evening. It's a great start to your Christmas shopping as LMH apparel orders and various other fundraising initiatives will be on the premises with delivery in time for Christmas!

Wing Night & Silent Auction- Saturday November 2, 2013

Plan to join us for our 4th Annual Wing Night Fundraiser featuring all-you-can-eat wings, cash bar, silent auction, DJ and dancing. This is a great opportunity for fun night in your community and to support Lucan Minor Hockey at the same time!