

Welcome to the 2015/16 Season!

A Message from our President....

On behalf of the Lucan Minor Hockey Executive, I wish to welcome back our returning players and extend a warm welcome to our new players and families! As another summer draws to an end, we begin to focus on the excitement of another fun-filled hockey season. Once again, we look forward to watching our teams develop, celebrating our successes, but more importantly, witnessing the enthusiasm as our minor hockey players step on to the ice.

Good Luck to all players and teams!!

Brian Lewis President

DEVELOPMENT ICE

We will once again be hosting Development Ice in September. As always, this program promises to be beneficial to players of all ages and a great way for ALL players to get back into the routine of hockey.

Coaches from LMH will be facilitating this program with a focus on power skating, stick and puck handling, etc. Ice will be offered based on your child's age and all Lucan Minor Hockey players are encouraged to participate.

There is a **\$10 fee per session** and players may attend as many sessions as offered.

GOALTENDER DEVELOPMENT ICE

LMH is offering goalie clinics for all Tyke-Atom (2011-2005) players that are currently playing goal or would be interested in goaltending for the 2015-2016 season!

Steve Wickens and Craig Irwin will be leading the clinics with sessions on Friday Sept.11 from 5:00-5:50pm and Saturday Sept.12 from 4:00-4:50pm.

These clinics are intended to give players the opportunity to learn some basic skills and see if it is something they would like to pursue.

Concentration will be on stance, movement, and style options. There will be some equipment available for use on a first come first serve basis.

RSVP to Steve at swickens@me.com to ensure a spot!

TRYOUT SCHEDULE AVAILABLE

View the Lucan Minor Hockey web site for the details. A fee of \$50.00 applies to any player trying out for a competitive team and is due on the first night of tryouts, before the player is allowed to skate. No exceptions! Players are guaranteed a minimum of 2 tryout skates.

All players interested in playing for an AE (Additional Entry) team must also tryout for the Shamrock Representative team. This is intended to protect the integrity of player selection for the representative team. After players for the Shamrock Rep team are selected, the remaining players will continue with AE tryouts. Players are required to only pay one tryout fee.

Any girl(s) who is (are) playing girls hockey in Lucan but would like to be affiliated to a boy's rep team must attend the rep boys tryouts for evaluation purposes only. Tryout fees apply.

PLAYER EVALUATION PROCESS

LMH has adopted a Player Evaluation Process that is used by numerous minor hockey associations during competitive team tryouts at all levels across the Province. The process allows for each player's total hockey skills to be graded by 3-4 impartial evaluators. These evaluators are selected based on their hockey experience, knowledge and history in the game.

Evaluation skills consist of some of the following categories:

- Forward and Backward Skating
- Puck Handling
- Shooting/Passing
- Overall Hockey Sense

The program in intended to allow each player a fair opportunity during tryout sessions and is designed to provide consistency with regard to player selections and expectations. We feel it will be a great addition to our hockey program.

GAME SOCKS

Please note that our game socks for the 2015/2016 season have changed. If you did not order new game socks on your registration, please contact Eric Hundey to order new game socks.

REGULAR SEASON SCHEDULE

A reminder: the September ice schedule is not indicative of your team's ice schedule for the entire season. Everyone is encouraged to sign up for email and text alerts which are available on the bottom left corner of the website under "Manage Subscriptions". **RECREATIONAL PROGRAMMING** OMHA Board of Directors approved the checking from all OMHA recreational effective the 2015 - 2016 season. The project will remove body checking from Midget Lambton-Middlesex teams. O

GATE FEE INCREASE:

The Gate fee has increased for the 2015/2016 Season to \$4/adult. The Senior fee is \$2/adult.

LUCAN MINOR HOCKEY FAMILY GATE PASS

Passes allow you to enter all Lucan Shamrock and Lambton Middlesex Regular Season Home Games. The cost is \$95 for a Family, \$60 Single Adult, \$75 for Seniors and \$55 for a Single Senior pass.

CASH CALENDARS, GATE PASSES AND SOCKS

Cash Calendars, Gate Passes and Socks will be available for pick up on Saturday September 12/15

DATES TO REMEMBER

Picture/Apparel: Mon Nov 2nd, 2015. A schedule will be forwarded to you closer to the date. Dunnys Source for Sports will be on site to take apparel orders that evening. Watch for new products!

Wing Night will be Saturday Nov 21st, 2015. Mark your calendars and watch for additional details!

RESPECT IN SPORT – PARENT EDITION

At least one parent or guardian of each registered player (boys & girls) <u>must</u> complete the Respect In Sport Program – Parent Edition. Remember to print your Certificate of Completion for your records and send a copy to secretary@lucanminorhockey.net if you did not complete the course last season.

Parents must provide their certificate prior to their children going on the ice. <u>No exceptions!</u>

REMOVAL OF BODY CHECKING FROM ALL OMHA RECREATIONAL PROGRAMMING

OMHA Board of Directors approved the removal of body checking from all OMHA recreational programming effective the 2015 - 2016 season. This two year pilot project will remove body checking from our Bantam and Midget Lambton-Middlesex teams. Our Shamrock Bantam and Midget teams will continue to utilize body checking in their games.

OMHA PILOT PROJECT FOR MIDGET PLAYERS

This season OMHA has a pilot project for Midget players allowing them the opportunity to play on a Rep team if their home Centre does not ice a Rep team, or the player was not selected for their home Centre's Rep team. More information will be provided as it becomes available.

BOND OPPORTUNITIES

Remember each player has a 3-hr or \$175 bond this season. There are many ways to work your bond off:

- Executive Members / ROSTERED Bench Staff works off a family bond.
- Sweater Reps work off a single bond
- Volunteer at:
 - > Development Ice
 - **Ken Bailey Tournament:** Oct 23-25th, 2015
 - Picture/Apparel Night: November 2nd, 2015
 - > Wing Night: November 21st, 2015.

There will be opportunities during these various fundraising events throughout the year to volunteer your time and work off your bond(s). Please note that the majority of these opportunities are available in the fall and are offered equally to all LMH parents through an email and will be posted on our web site and allocated on a first-come first-served basis.

CODE OF CONDUCT

Please read the codes of conduct from OMHA and OWHA. The links are under the "About Us" tab on the website.

One last note regarding the LMHA gate fees: Please remember that these fees help to offset the cost of refereeing in our centre! While it may be convenient for you to use the side doors of the arena to drop your player off, please be mindful of paying the gate fee, either by going through the front gate (which we all should be doing), or going back to the gate after dropping your player off and paying the gate fee. We appreciate your adherence and respect of our gate fee policy. Family Season passes are available.

Please visit our website at <u>www.lucanminorhockey.net</u> for up to date information