



Welcome to the 2016/17 Season!

President's Message

On behalf of Lucan Minor Hockey, I want to welcome everyone to a new season of Irish Hockey!

As always, we look forward to watching our teams develop, celebrating our successes, and most importantly witnessing the excitement, enthusiasm, and energy of our players on the ice.

LMH exists to provide a fun, competitive, and positive experience for all of our young players and their families, and this wouldn't be possible without the efforts of our volunteers. I want to personally thank all of those who dedicate their time to our association, including our coaches, trainers, managers, sweater-reps, executive members, and everyone else who work behind the scenes to provide our boys and girls the opportunity to play this great game.

Once again, welcome to an exciting new hockey season, one that we hope will be an enjoyable and memorable year for all. Please remember that this is your association, and we encourage you to get involved. We welcome your input and efforts throughout the season as we try to improve the hockey experience for all participants.

Best of luck to all players and teams !!

Chad Papple
President

RESPECT IN SPORT – PARENT EDITION

At least one parent or guardian of each registered player (boys and girls) must complete the Respect In Sport Program – Parent Edition.

Remember to print your Certificate of Completion for your records.

Parents must provide their certificate prior to their children going on the ice. No exceptions!

CODE OF CONDUCT

Please read the codes of conduct from OMHA and OWHA. The links are under the "About Us" tab on the website.

Baseline Testing – Concussions

LMH is implementing a baseline testing program for the 2016-2017 season as part of the LMH Concussion Management Program.

It is mandatory that each athlete from Novice to Midget undergo this baseline testing procedure prior to beginning any LMH sanctioned activities (development ice, tryouts or practices). **Please note that players will not be permitted to participate in try-outs or practices until this baseline testing has been completed.**

This testing will take place at the Lucan Memorial Community Centre with each specific age group given a timeframe to attend.

The CONFIRMED dates are as follows:

Novice: Tues August 23rd 7:00pm - 9:00pm

Atom: Thurs August 25th 7:00pm - 9:00pm

PeeWee & Bantam: Tues Aug 30th 7:00pm - 9:00pm

Midget: Thursday September 1st 7:00pm - 9:00pm

Additional Testing: Tues Sept 13th 7:00pm - 9:00pm

If your athlete is unable to attend the tentative date from his or her age group, please make arrangements to attend the one of the other scheduled dates.

There is no additional cost to the athlete to have this baseline testing performed.

The cost of this program has be partially subsidized by the Lucan Lions Club.

For more information on this important program, CLICK HERE:

[LMH - Baseline Concussion Testing.pdf](#)

TRYOUT SCHEDULE

View the LMH web site for the details. A fee of \$50.00 applies to any player trying out for a competitive team and is due on the first night of tryouts, before the player is allowed to skate. No exceptions! Players are guaranteed a minimum of 2 tryout skates

LUCAN MINOR HOCKEY FAMILY GATE PASS

Passes allow you to enter all Lucan Shamrock and Lambton Middlesex Regular Season Home Games. The cost is \$95 for a Family, \$60 Single Adult, \$75 for Seniors and \$55 for a Single Senior pass.

GAME SOCKS:

Please contact Eric Hundey to order new game socks if you did not order any when registering.

CASH CALENDARS, GATE PASSES AND SOCKS

Cash Calendars, Gate Passes and Socks will be available for pick up on Saturday September 10th and Sunday September 11th during development ice.

BOND OPPORTUNITIES

Remember each player has a 3-hr or \$175 bond this season. There are many ways to work your bond off:

- ❖ Executive Members / ROSTERED Bench Staff works off a family bond.
- ❖ Sweater Reps work off a single bond
- ❖ Volunteer at:
 - **Development Ice**
 - **Ken Bailey Tournament**
 - **Picture Night (Oct 19/16)**
 - **Wing Night (Oct 29/16)**

There will be opportunities during these various fundraising events throughout the year to volunteer your time and work off your bond(s). Please note that the majority of these opportunities are available in the fall and are offered equally to all LMH parents through an email and will be posted on our web site and allocated on a first-come first-served basis.

DATES TO REMEMBER

Picture night: Wednesday Oct 19/16 with Picture Day Photography.

Wing Night will be Saturday Oct 29/16. Mark your calendars and watch for additional details!

DEVELOPMENT ICE PRE-SEASON

We will once again be hosting Development Ice in September. As always, this program promises to be beneficial to players of all ages and a great way for ALL players to get back into the routine of hockey.

Coaches from LMH will be facilitating this program with a focus on power skating, stick and puck handling, etc. Ice will be offered based on your child's age and all LMH players are encouraged to participate.

There is a \$10 fee per session and players may attend as many sessions as offered. Please watch the website for dates and times.

DEVELOPMENT ICE REGULAR SEASON

LMH is excited to offer development ice throughout the regular season. More details to follow.

GOALTENDER DEVELOPMENT ICE

LMH is offering goalie clinics for all players that are currently playing goal or would be interested in goaltending for the 2016-2017 season! The instructor is Jason Van Spronsen. More details and confirmed dates to follow.

REGULAR SEASON SCHEDULE

A reminder: the September ice schedule is not indicative of your team's ice schedule for the entire season.

Everyone is encouraged to sign up for email and text alerts which are available on the bottom left corner of the website under "Manage Subscriptions".

One last note regarding the LMHA gate fees: Please remember that these fees help to offset the cost of refereeing in our centre! While it may be convenient for you to use the side doors of the arena to drop your player off, please be mindful of paying the gate fee, either by going through the front gate (which we all should be doing), or going back to the gate after dropping your player off and paying the gate fee. We appreciate your adherence and respect of our gate fee policy. Family Season passes are available.

Please visit our website at www.lucanminorhockey.net for up to date information